**Mentor Self-Assessment Worksheet**

*Please complete prior to meeting your Mentee, and periodically update as needed.*

**Career background:**

**Some key milestones or challenges I faced along the way in my career path:**

**Top strengths of mine:**

**Topics I’d like to discuss:**

**Goals for the program are:**

**One fun fact I’d like my Mentee to know about me:**

**Additional Comments:**